

Published by

HEALCHY CHOICES FOR MIND AND BODY Written by Ann Gerhardt, MD

Kick Butts Day

Join Tobacco-Free Kids for the 14th annual Kick Butts Day, March 25, 2009, to help prevent teen smoking. This national day of activism empowers youth to speak up and take action against Big Tobacco at more than 2,000 events from coast to coast. Students from schools across the country hold events and activities that call attention to the problems caused by Big Tobacco and its attempts to market to youth.

Visit the 2009 Kick Butts Day (KBD) website at **www.kickbuttsday.org** and request your free KBD activity guide today. You can view the activity guide and print out your own KBD posters and bookmarks. Please direct any questions to KBDinfo@tobaccofreekids.org